OUR P.E. CURRICULUM

LEARNING JOURNEY

Pupils have developed their character and **personal life skills**.

Pupils choose to seek **healthy**, **active lifestyles**.

Pupils **understand**, and **succeed** when implementing a broad range of skills.

Pupils are **inspired**, physically competent and confident.

BEYOND KS2

REFINE LEADERSHIP

APPLY TACTICS IN SCENARIOS

CONSOLIDATE BATTING, BOWLING AND FIELDING

ORGANISE AND MANAGE TEAM FORMATIONS

DEVELOP OFFICIATING

CREATE AND APPLY ATTACKING TACTICS

CREATE AND APPLY DEFENDING TACTICS

INTRODUCE MATCHING AND MIRRORING

SELF MOTIVATION

RESPECT

EVALUATION

REFINE SHOOTING

CONSOLIDATE PASSING AND RECEIVING

UNDERSTAND THE COMPONENTS OF FITNESS

PERFORM WITH TECHNICAL CONTROL

APPLY TACTICS TO WIN A POINT

YEAR 6

EXPLORE DIFFERENT PASSES

REFINE DRIBBLING

INTRODUCE LEADERSHIP

CREATE MOVEMENTS USING IMPROVISATION

DEVELOP SEQUENCES WITH INTERLINKING MOVES

EXPLORE RUNNING AS A TEAM

INTEGRITY

REFLECTION

SELF DISCIPLINE

RESOURCEFULNESS

REFINE PASSING AND RECEIVING

UNDERSTAND THE CARDIO-VASCULAR SYSTEM

REFINE RACKET SKILLS

DEVELOP FIELDING TACTICS

REFINE ATTACK AND DEFENDING SKILLS

REFINE BATTING, BOWLING AND FIELDING

INTRODUCE COUNTER TENSION AND COUNTER BALANCES

YEAR 5